

TREASURE TEENS

YEAR 7 STUDENT OUTCOMES

SCSA Curriculum Code and Outcome		TREASURE WORKSHOPS			
Personal, social and community health		Comparison 101	Becoming Brave	Bounce Back	Fearless
Being healthy, safe and active					
ACPPS070	Feelings and emotions associated with transitions; and practising self-talk and help-seeking strategies to manage these transitions.	✓	✓	✓	✓
ACPPS070	Strategies to promote safety in online environments.	✓	✓	✓	✓
ACPPS071	Management of emotional and social changes associated with puberty through the use of: coping skills, communication skills, problem-solving skills and strategies.	✓	✓	✓	✓
ACPPS072	Help-seeking strategies that young people can use in a variety of situations.	✓	✓	✓	✓
ACPPS073	Strategies to make informed choices to promote health, safety and wellbeing.	✓	✓	✓	✓
Communicating and interacting for health and wellbeing					
ACPPS074	The impact of relationships on own and others' wellbeing: the benefits of relationships, the influence of peers and family, applying online and social protocols to enhance relationships.	✓	✓	✓	✓

Code and Outcomes from SCSA

https://k10outline.scsa.wa.edu.au/data/assets/pdf_file/0007/364552/Health-and-Physical-Education-Curriculum-Pre-primary-to-Year-10.PDF

https://senior-secondary.scsa.wa.edu.au/data/assets/pdf_file/0005/9959/Health-Studies-Y11-Syllabus-General-2016-GD.pdf.pdf

https://senior-secondary.scsa.wa.edu.au/data/assets/pdf_file/0007/9961/Health-Studies-Y12-Syllabus-General-GD-EST-2019.pdf

TREASURE TEENS

YEAR 8 STUDENT OUTCOMES

SCSA Curriculum Code and Outcome		TREASURE WORKSHOPS			
Personal, social and community health		Comparison 101	Becoming Brave	Bounce Back	Fearless
Being healthy, safe and active					
ACPPS070	The impact of physical changes on gender, cultural and sexual identities.	✓	✓		✓
ACPPS070	Ways in which changing feelings and attractions form part of developing sexual identities.	✓	✓		✓
ACPPS071	Strategies for managing the changing nature of peer and family relationships.	✓	✓	✓	✓
ACPPS072	Communication techniques to persuade someone to seek help.		✓	✓	✓
ACPPS073	The reasons why young people choose to use or not use drugs.		✓		✓
ACPPS073	Skills and strategies to promote physical and mental health, safety and wellbeing in various environments, such as: assertive responses, stress management, refusal skills, contingency plans, online environments and making informed choices.	✓	✓	✓	✓
Communicating and interacting for health and wellbeing					
ACPPS074	The impact bullying and harassment can have on relationships, including online relationships, and the health and wellbeing of themselves and others.	✓	✓	✓	✓
ACPPS075	Personal, social and cultural factors influencing emotional responses and behaviour, such as: prior experience, norms and expectations and personal beliefs and attitudes.	✓	✓	✓	✓
Contributing to healthy and active communities					
ACPPS077	Health promotion activities which target relevant health issues for young people and ways to prevent them.	✓	✓	✓	✓
ACPPS078; ACPPS079	Benefits to individuals and communities of valuing diversity and promoting inclusivity, such as: respecting diversity, exploring how the traditions, foods and practices of different cultures enhance the wellbeing of the community, challenging racism, homophobia, sexism and disability discrimination, researching how stereotypes and prejudices have been challenged in various contexts.	✓	✓	✓	✓

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TREASURE TEENS

YEAR 9 STUDENT OUTCOMES

SCSA Curriculum Code and Outcome		TREASURE WORKSHOPS			
Personal, social and community health		Comparison 101	Becoming Brave	Bounce Back	Fearless
Being healthy, safe and active					
ACPPS089	Factors that shape identities and adolescent health behaviours, such as the impact of: cultural beliefs and practices, family, societal norms, stereotypes and expectations, the media, body image.	✓	✓	✓	✓
ACPPS090	Skills to deal with challenging or unsafe situations: refusal skills, initiating contingency plans, expressing thoughts, opinions, beliefs acting assertively.		✓	✓	✓
ACPPS091	Actions and strategies to enhance health and wellbeing in a range of environments.	✓	✓	✓	✓
ACPPS092	Impact of external influences on the ability of adolescents to make healthy and safe choices relating to: sexuality, alcohol and other drug use, risk taking.	✓	✓	✓	✓
Communicating and interacting for health and wellbeing					
ACPPS093	Characteristics of respectful relationships: respecting the rights and responsibilities of individuals in the relationship, respect for personal differences and opinions, empathy.	✓	✓	✓	✓
Contributing to healthy and active communities					
ACPPS098	The implications of attitudes and behaviours on individuals and the community, such as: prejudice, marginalisation, homophobia, discrimination.	✓	✓	✓	✓

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TREASURE TEENS

YEAR 10 STUDENT OUTCOMES

SCSA Curriculum Code and Outcome		TREASURE WORKSHOPS				
Personal, social and community health		Comparison 101	Becoming Brave	Bounce Back	Fearless	Owning You & Chapters
Being healthy, safe and active						
ACPPS089	The impact of societal and cultural influences on personal identity and health behaviour, such as: how diversity and gender are represented in the media, differing cultural beliefs and practices surrounding transition to adulthood.	✓	✓	✓	✓	✓
ACPPS091	Skills and strategies to manage situations where risk is encouraged by others.	✓	✓	✓	✓	✓
ACPPS092	Analysis of images and messages in the media related to: alcohol and other drugs, body image, fast food, road safety, relationships.		✓	✓	✓	✓
ACPPS092	External influences on sexuality and sexual health behaviours, including the impact decisions and actions have on their own and others' health and wellbeing.	✓	✓	✓	✓	✓
Communicating and interacting for health and wellbeing						
ACPPS093	Skills and strategies to promote respectful relationships, such as: appropriate emotional responses in a variety of situations, taking action if a relationship is not respectful, appropriate bystander behaviour in physical and online interactions.	✓	✓	✓	✓	✓
ACPPS094	Effects of emotional responses on relationships, such as: extreme emotions impacting on situations or relationships, the consequences of not recognising emotions of others.		✓	✓	✓	✓
Contributing to healthy and active communities						
ACPPS096; ACPPS097	Health campaigns and/or community-based activities designed to raise awareness, influence attitudes, promote healthy behaviours and increase connection to the community.		✓	✓	✓	✓
ACPPS098	Social, economic and environmental factors that influence health.	✓	✓	✓	✓	✓

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TREASURE TEENS

YEAR 11 & 12 STUDENT OUTCOMES

SCSA Curriculum Outcomes for Year 11 and 12 General Health	TREASURE WORKSHOPS	
	Owning You	Chapters
Outcome 1 – Knowledge and Understandings		
Understand the determinants of health.	✓	✓
Understand actions and strategies that influence health.	✓	✓
Outcome 2 – Beliefs, attitudes and values		
Understand the relationship between beliefs, attitudes, values, and health behaviour.	✓	✓
Understand the influence of attitudes and values on health behaviour.	✓	✓
Understand the range of factors influencing beliefs, attitudes, values and norms.	✓	✓
Outcome 3 – Self-management and interpersonal skills		
Apply self-understanding and decision-making skills.	✓	✓
Apply communication and cooperation skills.	✓	✓

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TREASURE TEENS - STUDENT OUTCOMES YEAR 7-12

General Outcomes	Comparison 101	Becoming Brave	Bounce Back	Fearless	Owning You	Chapters	Champion
Understand comparison and its impact	✓	✓	✓	✓	✓	✓	✓
Increase awareness of mindset and its impact	✓	✓	✓	✓	✓	✓	✓
Increase autonomy and confidence	✓	✓	✓	✓	✓	✓	✓
Reduce feelings of stress and overwhelm	✓	✓	✓	✓	✓	✓	✓
Increase feelings of happiness	✓	✓	✓	✓	✓	✓	✓
Strengthen peer relationships	✓	✓	✓	✓	✓	✓	✓
Practice a safe online presence	✓	✓	✓	✓	✓	✓	✓
Develop positive relationships (with self and others)	✓	✓	✓	✓	✓	✓	✓
Courage to speak up when harm is present	✓	✓	✓	✓	✓	✓	✓
Identify when additional support is required and where to turn to for support	✓	✓	✓	✓	✓	✓	✓
Willingness to try new things	✓	✓	✓	✓	✓	✓	✓
Strengthen self-care and self-regulation	✓	✓	✓	✓	✓	✓	✓
Understand the basics of resilience		✓	✓	✓	✓	✓	✓
Understand and apply a resilient mindset			✓	✓	✓	✓	✓
Identify self-talk and integrate positive practice			✓	✓	✓	✓	✓
Utilise effective communication skills			✓	✓	✓	✓	✓
Conflict resolution skills			✓	✓	✓	✓	✓
Understand and apply the concepts of innovation, responsibility and accountability				✓	✓	✓	✓
Define and apply empathy, compassion and respect				✓	✓	✓	✓
Develop a vision, passion and purpose				✓	✓	✓	✓
Develop transition skills to navigate life				✓	✓	✓	✓
Understand change, its impact and how to create positive change				✓	✓	✓	✓
Increase and strengthen emotional intelligence				✓	✓	✓	✓
Understand limiting beliefs and how to transform them				✓	✓	✓	✓

